

Wanganui Park Secondary College

Newslink



No. 6

14th May, 2009

P.O. Box 4010
SHEPPARTON
3632

Principal: Mr Keith Gray
Assistant Principals:
Ken Murray
Xavier Tanner

Telephone: 58209900 Absence: 58209977
Excursion: 58209988 Fax: 58209999
Website: www.wanganuipsc.vic.edu.au
Email: wanganui.park.sc@edumail.vic.gov.au



Cross Country Run / Walk – Thursday 30th April

The Principal Team Report – May 14th, 2009

STUDENT PLANNERS

As the term presses on, teachers are starting to organise their assessment records in preparation for report writing. One way to support students with their organisation is to check student planners and communicate with teachers via this planner if need be. When there is communication either way between parents and teachers, be sure to sign or initial your comments to maintain authenticity. The student planner represents a quick and easy way for teachers to advise parents of the state of play of their child regarding outstanding work requirements. We urge all parents to regularly check the planner.

NAPLAN TESTING

All year 7 and 9 students completed National Assessment Program Literacy and Numeracy (NAPLAN) tests this week. All students across Australia complete tests in language conventions, reading, writing and numeracy and parents will receive a report on their performance later in the year.

WORKING BEE

HELP – We need your assistance!

We are conducting a working bee on Sunday 24th May to replace the fluorescent tubes in the school with new low energy, long lasting tubes. If you can help for an hour or two between 9.30 and 12.00 come along, and bring a step ladder if you have one. For more details please contact Peter Bingham on 58209900.

FUNDING

We hope to hear in the next few weeks if our applications for approximately \$2.2 million from the Federal Government have been successful. If these come through we will be building a new science wing and upgrading a number of other areas in the school.

AFL DEBUT

It was great to see past student Steele Sidebottom make his AFL debut for Collingwood (arguably the best club in the competition) on Monday night and although the side were beaten convincingly, Steele did extremely well.

Keith Gray
Principal

Ken Murray
Assistant Principal

Xavier Tanner
Assistant Principal

CANTEEN ROSTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18 May 2009	19 May 2009	20 May 2009	21 May 2009	22 May 2009
Dushyanthi Gooihieke	Karen Speedy	Jocelyn Burrows	Sheree Brown	Val Everist
Priya Steer	Debbie Sloan	Kerry Brett	Jan Sabri	Kathie Henderson
Gulhan Ugurlu	Denise Smith	Melinda Robertson	Julie Thompson	Glenda Morris
25 May 2009	26 May 2009	27 May 2009	28 May 2009	29 May 2009
Brent Evans	Alex Douch	Kerry Hahro	Alison Guthrie	Deb Bagley
Andrea Creek	Virginia Stedman	Julie Hunter	Lyndall Pickard	Robyn Lewis
Kim Turner		Sue Sinclair	Caroline Timmis	Sabrina Payne

CALENDAR

May	
21	Year 7 Band Premiere Concert
	Careers Day Out – Year 10's
26	SDSSSA Senior Winter Sports
29	Vaccinations Year 7 Girls
June	
1	Senior Soiree
8	Queen's Birthday Public Holiday
9	VCE Exams
11	Parent Club Meeting 7pm
12	Report Writing Day – Student Free

CHANGE OF STUDENT/FAMILY CONTACT DETAILS

Please email any changes of contact details for parents/carers/emergency contacts to:

jobling.pauline.f@edumail.vic.gov.au

YEAR 9 PARENTS/GUARDIANS

Parents/Guardians of all Year 9 students would have recently received an invitation to the GV PASSPORRT parent evening. GV PASSPORRT is a program designed to inform students and now parents of the issues associated with alcohol and other substances, using a harm minimisation approach.

Parents/Guardians are invited to participate in the same program as the students will in term3; in the relaxing atmosphere of the GV Hotel with the opportunity to discuss the program with the facilitators and the committee.

The College encourages Parents/Guardians to attend this session to support the Drug Education curriculum implemented by the Health faculty.

Please contact Mr. Dan Watson or Mr. Ken Murray if you have not received your invitation or for any further information.

BUS TRAVELLERS

All students travelling on the government contract buses, that is, the 'country buses', have now been issued with a bus pass. This pass indicates their allocated bus and any interchange buses for both morning and night. These passes **do not** cover Shepparton or Mooroopna town students who travel on Shepparton Transit or Mooroopna Passenger Service.

I would advise students to keep this pass in their school bag as they may be asked to show it to the driver, particularly on interchange buses. Failure to produce the pass may mean that the student will not be allowed to travel on the bus. I have had problems with ineligible students catching interchange buses; this results in overcrowding and compromises the safety of all students travelling on the bus.

If your student has not received a pass and you believe they are an eligible traveller, please ask the bus driver in the first instance as all bus companies have been given the passes. If the driver does not have a pass for your student you can contact me at Shepparton High School on 58214322. I am available every day except Thursday.

I would like to thank all parents and students for their support with bussing issues. There are almost 2000 students travelling on government contract buses in the Shepparton district. The number of incidents involving inappropriate student behaviour is very low and students are to be congratulated for their co-operation.

Heather Griffiths

Shepparton District Bus Coordinator

JOINING the CHORUS

The Victorian Government's performing arts initiative, is now seeking singers, dancers, musicians and performers with circus skills for its 2009 musical production of "Barnum".

- The deadline to register for auditions has been extended but students should register as soon as possible to secure a place in the second round of auditions which will be held this month.
- "Barnum" will be held at the Comedy Theatre, Melbourne from September 11-19, 2009.
- Any Victorian government secondary school student who has a love of theatre and a talent for performing will find this an invaluable and unforgettable experience. Students wishing to pursue performing arts as a career may consider participating in the production as work experience.
- There are no costs or fees involved.
- For further information or to register, phone 03 9415 1700 or email jtc@edumail.vic.gov.au as soon as possible.
- Auditions will be held in May 2009.

Additional information can be found at

<http://www.education.vic.gov.au/about/events/jtc/barnum09.htm>

Community Links



YAC Off & Running!

The Youth Committee of the Parkside Drive Neighbourhood Renewal Committee has formed & is meeting regularly to give the youth a voice in this area.

The committee is formed of Libby Bye, Chantelle Brown (Chair), Jayden Lancaster, Brandon Patea, Ricky A'Hearn & Daniel McCrimmon. They will be meeting each fortnight with workers from GVCHS to plan activities. The launch is planned for later this year with a basket match & barbeque to be shared with local community members.

Parents & Friends of Wanganui Park

June – Thursday 11th 7pm Visy Meeting Room

New members are always welcome. Even if you can only attend the odd meeting, you are always welcome.

Some of our VCAL students will be there to explain to us their community project and how their course runs.

Supper, including coffees & hot chocolates, will be made by our VCAL students.

Any queries please contact me on 58209900 or buxton.angela.j@edumail.vic.gov.au

Parkside Estate Homework Classes

Yr 7 – Yr 12

3.30 – 4.30pm Tuesdays

There are a few places available for this class currently running at Wanganui

For more information or to book your child in contact Debbie McDonald Community Development Worker 58233216

Broni Paine 58233213

Or Angela Buxton 58209900

Sessions are free & afternoon tea supplied

Safe driving for Life

It's all about ATTITUDE!

An opportunity for young drivers and parents to talk with police and guest speakers about safe driving.

Wednesday 3rd June, 2009

Harder Auditorium - Go Tafe, Fryers St. Shepparton

Commencing 7.00 pm Free Entry - Supper Provided An interactive road safety program presented by Shepparton Police and local agencies

WHATS ON IN TUMBLE INTO GYM

Tumble Into Gymnastics that is

Tumble into Gymnastics is a gymnastics class offered in the first semester for girls. Sorry boys!

Tumble Into Gymnastics is very unique, it focuses on building strength, flexibility, co-ordination and most importantly CONFIDENCE!

In the first term the girls have had the most FANTASTIC opportunity to have their double session classes at 'JETS GYM' which is an extremely special gymnastics centre in Mooroopna, where the facilities there are the same as Olympic Gymnasts would train and compete on. Our supervisor at Jets Gym Alicia, and gymnastics teacher Ms Rouke have taught us some amazing and valuable gymnastics skills, which elite gymnasts use such as:

- Handstands
- Cartwheels
- Forward Rolls
- Partner Balances

Using some of these skills we wrote and performed our own partner floor routines. This activity helped us gain trust with our partners and ourselves.

At the present time the girls are practising on the beam apparatus, they are in preparation for their beam routines. The routines are to be performed individually on the beam. Some of the skills they have learnt are:

- Mounts
- Cross Straddle Sit
- Dismounts: Straight Jump, Tuck Jump
- Arabesques
- Shapes



At the moment the girls are also learning how to use a new apparatus which is the mini trampoline, some of the gymnast skills the girls have already learnt on their 'first lesson' on the mini trampoline are:

- Straight Jumps
- Tuck Jumps
- Straddle Pike
- Dive Roll

As you can see Tumble Into Gymnastics has a lot of work involved and requires commitment and a never give up attitude to get the skills you learn, to the best of your ability, I can tell you from experience that you don't master the skills first time, you have to practise and practise.

Despite the amount of effort we put in, and the many sessions we practise for, it's a continuous amount of FUN and there is always a good laugh to look back on.

In this class new friendships also emerge and old ones become closer, and everyone offers support and encouragement to one another, that's what makes Tumble Into Gymnastics so AWESOME!

By Juliana de Quillettes

Year: 8

Tumble Into Gymnastics Student

*With their new experience three girls now assist with coaching in an after school program at Jets Gymnastics in Mooroopna.



WHAT'S NEWS IN SCIENCE

The Science Domain has been busy reinforcing the theory taught by providing hands-on experiences or extra curricular activities for our students. Several excursions have taken place over recent weeks and many exciting practical experiments have keep classrooms buzzing.

YEAR 11 BIOLOGY

Students have been examining the transport of materials across semi-permeable membranes. They have been looking at the processes of **diffusion** and **osmosis**. To support the theory students placed eggs in vinegar (to remove the shell and expose the membrane) and then placed the egg in a beaker of fresh water, then a beaker of corn syrup. The corn syrup caused the water to move out of the egg, while the fresh water solution caused the water to move into the egg. The following photos show the results:



Making Ice Cream

To start off the ice cream, we had to get 2 Zip lock Bags-One Large Bag, and one Small Bag. We got $\frac{1}{2}$ a spoon of Vanilla essence, one tablespoon of sugar and $\frac{1}{2}$ a cup of Full Cream Milk. We went up to the front of the class, got some ice in the big Zip lock Bag, and put the Little bag into the bigger bag, surrounded by ice and salt(the salt is to keep the ice from melting really fast).

We had to zip the bags up tight, and shake them. My arms got sore after about 5 mins, and that's when the Ice cream started getting harder, which is a solid. When it started it was a Liquid, it was never a gas though.

We had to shake it for about 10-15 mins, then we had to take it out and check on it.

Once when it was ready, we had to take it out, tip the ice into the sink, and put the bags in the bin.

We went up the front of the room and got a spoon and some topping, Chocolate to be precise!

About half way through when I was eating it, it started tasting like salt, because when I was shaking the bag, it must have broken on the inside so the salt got inside with the ice cream.

It was nice, and the Vanilla Essence tasted nice in the Ice Cream.

By Hannah Buckland



Landscaping

A group of Year 11 boys are participating in a landscaping program as part of their VCAL work related skills. They are cleaning up and modifying the gardens, e.g. raking, sweeping, mulching and doing maintenance work around the school. The students do the mulching themselves out the back of the school and relocate it to where it is needed.

Construction Group

Some of the Intermediate Year 11 boys are participating in a Construction group. They have been equipped with a range of new power tools for this new project, and they have set up a safe storage area for the tools in lockable shed. In this project the boys are making tables to be located on top of Mount Major. The University of Melbourne and a local walking group are sponsoring this venture. They are also constructing another table for the Lime Kiln's Reserve at Major Plains. The tables are very sturdy being made from a metal frame with wooden slats that have been coated with a protective coating. Hopefully many members of the community will enjoy their work as they experience our great outdoors in the local area.

Alicia Pryor.



WPSC CROSS COUNTRY 2009

AGE GROUP CHAMPIONS

	Girls	Boys
U13	1. Hayley Fairless 2. Grace Pedretti	Brayden mcConkey Liam Brown
U14	1. Stephanie Dunlop 2. Alana Warwick	Thomas Macgill Nik Rokahr
U15	1. Brittany Patafio 2. Chantelle Brown	Brock Fowler Luke Morris
U16	1. Kirrily Gollan 2. Kayla Warwick	Samuel Poole Danny Stevens
U17	1. Sarah Wilkie 2. Steph Watts	Jack Hajro Liam Sabri
U21	1. Nicole Henderson 2. Gabriella Gasparroni	Mitch Anderson Andrew Botting

AGGREGATE SCORES

	Junior Boys	Junior Girls
1 st	Bates 496	Kenny 456
2 nd	Kenny 384	Melba 396
3 rd	Chisholm 304	Bates 361
4 th	Melba 322	Chisholm 221

	Senior Boys	Senior Girls
1 st	Kenny 288	Bates 304
2 nd	Chisholm 237	Melba 241
3 rd	Melba 220	Kenny 229
4 th	Bates 185	Chisholm 203

	Overall
1 st	Kenny 1357
2 nd	Bates 1346
3 rd	Melba 1179
4 th	Chisholm 948

Family Squabbles

Brought to you by Hume Region Parent Education Service

Fighting between brothers and sisters can be very distressing for parents and is a common concern. An amount of squabbling is normal between siblings as they learn about relationships, negotiation and how to get on with each other. Learning to argue fairly and without hurting each other is a very important life skill for children to learn. Like most skills, some children find this easier to learn than others.

There are some things parents can do to help minimise fighting.

- Ensure you relate fairly and without favouritism with each child.
- Support and celebrate the special qualities of each child.
- Children are very sensitive to differences in the way parents share their time, appreciation love and attention. Differences, perceived or not, can create very real jealousies and reduce a child's sense of personal worth.
- So make time to be with each child and deliver generous helpings of love, appreciation and hugs.
- Never compare one child with the other.
- Protect the needs of each child eg. ensure older children have time away from younger siblings who may interfere with their activities and visa versa.
- For younger children ensure there are more than one of the same toys. Buying a number of cheaper toys/bikes rather than one expensive one will work better in the long run.
- Older children can feel misunderstood and unloved if parents always side with the younger child. Or there may be a particular child who seems to start each argument. Remember the one who seems to start the argument may not be the one who actually does. Make clear rules about what behaviour is expected, e.g. we keep our hands and feet to ourselves. When fighting occurs, focus on the rule rather than taking sides.
- Find out if there is an underlying issue or concern with teenagers or older children and treat this issue seriously.
- Strategies such as removing the toy, turning off the TV, putting away the game, putting those concerned in 'time out' all provide cooling off time and give a clear message to all concerned that if they wish to play they need to play fairly.
- Children may need their parent's support to learn how to play fairly, this may mean parents play the game with the children, ensure everyone knows the rules and teach negotiation and problem solving as the game progresses. Be a good role model.
- If children come to you to help sort out a disagreement remember not to take sides. Encourage them to sort it out themselves. Comments such as 'I wonder what you can do...' puts the situation back to them and begins a problem solving learning opportunity. It might be time to remind them about family rules.
- If assistance is still needed see if they can be supported to work things out together. Help them listen to each others feelings and try to work out ways to solve the problem.
- If tempers get heated, separate the children. Give them something else to do until they have calmed down. Find ways for them to expend some energy, eg going for a run, jumping up and down, thumping pillows, drawing, listening to music etc. When things are calmer work out ways to do things differently.

Adapted from 'Family Squabbles', Parenting – the most important job in the world- DOCS – Department of Community Services".

For more information about this or other parenting related topics, or to arrange a parenting program or workshop in your local community, contact Meredith at Hume Region Parent Education Service (Shepparton office), Goulburn Valley Community Health Service. 399 Wyndham Street Shepparton. Tel: 03 58 233 200.

A HEALTHY LOOK AT BARLEY

A night out for the blokes!

All men from Greater Shepparton's rural communities are invited to a night

with a difference: A Healthy Look at Barley.

Get together with a few of your mates to enjoy a fun night out.

Join guest presenter, Mary Raynes from the Department of Primary Industries, in exploring the potential of the humble barley seed, in its malted form of beer.

Tell your friend, husband, father, brother there are three events over three nights that will involve lots of laughs and a scrumptious supper.

All events start at 7.00pm on:

Monday 18 May Dookie Reserve Multipurpose Rooms

Tuesday 19 May Ballantyne Centre, Tatura

Wednesday 20 May Tallygaroopna Recreation Reserve.

Please RSVP to Greater Shepparton City Council's Drought Recovery Officer Janet Congues, on (03) 5832 9857 or email janet.congues@shepparton.vic.gov.au to secure your place and to find out more information.

A Healthy Look at Barley is presented by Greater Shepparton City Council through its Drought Program, sponsored by the Victorian Government and in partnership with Centrelink and Family Care.



men's health

DONATIONS NEEDED

Please pass the word around

Material Aid: Upon request baby goods and clothing in good, clean and safe condition are given free of charge to expectant parents and families. We accept donations of a range of nursery equipment and clothing including: prams, **bassinettes**, high chairs, rockers, capsules, car seats, baby baths and change tables. Maternity, baby & children's clothing (**newborn-size 6**), baby wraps and bedding, **bottles and teats**, dummies, disposable nappies and toys.

We are not able to accept capsules and car seats over 5 years old, cots and cot mattresses, baby walkers, goods that are broken or do not meet the Australian safety standards.

**Donations can be left at G.V. Pregnancy Support Service 185 Knight Street, Shepparton
Or phone (03) 5821 0826**

Your donations will be given to families in need in our local area. G.V. Pregnancy Support Service has been assisting families for the past 30 years.

We rely on The Caroline Chisholm Society, The Community Fund and your donations to continue providing a valued service to the local community.

ROTARY YOUTH EXCHANGE 2010

The Rotary Clubs of Shepparton are currently inviting applications from students to participate in the 2010 Rotary Youth Exchange program. Youth exchange provides the opportunity for young people to spend one year in another country, hosted by a Rotary Club in that country.

To be eligible for Youth Exchange, students must be under the age of 18 at January, 2011.

For further information, and to apply to Shepparton Rotary Clubs, go to; www.rotary9790.org.au, then go to Youth Exchange.